

Paragraph On Noise Pollution In 100 Words

Noise pollution is a significant environmental issue with detrimental effects on both human health and the environment. Excessive noise exposure can lead to various health problems, including hearing loss, stress, sleep disturbances, and cardiovascular issues. Additionally, noise pollution disrupts ecosystems, affecting wildlife behavior and communication patterns. Children are particularly vulnerable to the effects of noise pollution, as it can hinder their cognitive development and academic performance. To address this issue, implementing engineering controls, such as sound barriers and quieter technology, alongside urban planning measures, like zoning regulations and traffic management, can help mitigate noise pollution and create healthier, more peaceful environments for everyone.